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## Policy & Procedure: Sanitary Practices

Date Policy and Procedures Established: September 1, 2025

Date Policy and Procedures Updated: -

### Purpose

CedarBrook Montessori maintains a very high standard of sanitation and cleanliness.

### **THE CLASSROOMS**

Classrooms are kept clean by:

- Disinfecting and Washing toys daily
- Mopping floors and vacuuming daily
- Sterilizing the sinks daily after use
- Washing dishcloths, towels, cot sheets weekly
- Emptying, sanitizing the Sand Water Table after use
- Thoroughly cleaning and sanitizing the classrooms, furniture, toys and equipment every week
- Disinfecting washrooms daily

### **HAND WASHING**

The most effective way to prevent the spread of viruses and germs is by regular hand washing and especially after a particular activity. CedarBrook Montessori enforces hand washing strictly for every individual in the childcare center.

***Staff, Adult, and Children should wash hands***

#### **Before:**

- Checking-Into the classroom
- Feeding a child
- Applying First-Aid
- Preparing or serving food
- Changing diapers

#### **After:**

- Changing diapers
- Caring for an ill child
- Removing all gloves
- Wiping the nose of a child
- Sneezing
- Accompanying a child to the toilet
- Cleaning blood/feces
- After outdoor play
- After helping a child change clothing

### **Appendix**

*FR-06\_Disinfection Log*